



The clock is ticking

Minutes Matter . . .

The sooner you receive treatment the better your chances are for recovery. Don't delay.

Know the signs of a heart attack:

- Discomfort or pain in the center of the chest
- Discomfort in other parts of the body including the arms, back, neck, jaw or stomach
- Shortness of breath
- Breaking out in a cold sweat, feeling nauseated or lightheaded

Call 9-1-1 immediately if you think you might be having a heart attack.