

Baby's Safe Sleep Crib Checklist

- Baby sleeps on his or her back for every sleep
- Baby sleeps alone in a crib or bassinet
- Baby sleeps on a firm sleep surface - a firm crib mattress, covered by a fitted sheet
- Baby sleeps without soft objects (pillows, stuffed toys and bumper pads) and with no loose bedding in the crib
- Baby sleeps in a sleeper or sleep sack instead of a blanket to keep warm
- Baby sleeps in a smoke-free environment
- Baby does not sleep on a sofa, chair, pillow, waterbed or adult bed

Crib Safety Checklist

- Crib is not placed by a window with blinds, curtain cords or baby monitor cord
- Crib mattress is lowered all the way down once the baby can pull to standing
- Crib is checked for loose, damaged or missing crib parts on a regular basis
- Crib is in compliance with the Consumer Product Safety Commission standard for cribs* and bassinets